

Charlotte Martial Arts Academy

Novice Requirements and Testing Info

Novice Curriculum Level 3

Kata (3 Blue Stripes) - Sagaku 差額

Self-Defense (2 Red Stripes) -

Escape from a bear Hug (under & over)

Basics (2 Green Stripes) -

6 Count round kick/side kick

Figure 8 with nunchuka, both down and up

Figure 8 with hand change with nunchuka

Homework -

Six Tasks Journal 6 (Reading and Writing)

To be eligible for testing on September 25th @ 1110AM you must complete the following items by September 18th...

- *Parental/Teacher Permission slip*
- *Minimum of 24 Curriculum Classes*
- *Testing fee of \$30*
- *Six Tasks Journal 6*
- *Red/Gold Dragon Testing Stripe (Will earn Testing Stripe when everything else is done!)*
- **On testing day, please do the following...**
 - *Wear a full, clean appropriate uniform with patch*
 - *Bring all required equipment & board*
 - *Arrive 10 minutes prior to scheduled start time*
 - *Bring your family and friends, you will be awarded your belt and allowed to break your board if you pass.*

(Makeup testing day will be on Wednesday, September 29th, there is an additional charge of \$10 for makeup testing. If you are unable to attend the makeup testing, testing may be scheduled privately with Sensei for an additional fee.)