

CHARLOTTE MARTIAL ARTS ACADEMY

Class Schedule Effective November 26, 2011

Junior/Adult Classes (7 years and up)						
CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Beginner (White - High Yellow)	4:10 - 5:00	5:10 - 6:00	6:10 - 7:00			11:10 - 12:00
Novice (Green - Blue)	5:10 - 6:00	6:10 - 7:00		5:10 - 6:00		11:10 - 12:00
Intermediate (High Blue - High Red)	5:10 - 6:00			6:10 - 7:45	6:10 - 7:00	12:10 - 1:00
Advanced (Brown - 2nd High Brown)		7:10 - 8:00	5:10 - 6:00	6:10 - 7:45		2:15 - 3:00
Black Belt	7:10 - 8:00			6:10 - 7:45	5:10 - 6:00	2:15 - 3:00
Specialty Classes (MUST be enrolled in Black Belt Club/Nidan Club to attend Specialty Classes)						
CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Black Belt Club Members Only *	6:10 - 7:00					
Nidan Club Members Only **						1:30 - 2:15
SWAT Team Training					7:10 - 8:00 (2nd Friday)	
STORM Team Training					7:10 - 8:00 (3rd Friday)	
* White - High Red Belts ** Brown Belt and Black Belts Only						
Dragon Classes (4-6 year olds)						
CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Dragons		5:00 - 5:30	4:30 - 5:00	4:30 - 5:00		10:30 - 11:00
Fitness Kickboxing/Strength Training (13 years old and up)						
CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM Classes	9:00 - 10:00		9:00 - 10:00			9:00 - 10:00
PM Classes	6:30 - 7:30	6:30 - 7:30	6:30 - 7:30	7:00 - 7:45		

2228 Hawkins Street, Charlotte, NC 28203

704-333-4155

Visit us on the web at

www.charlottesmartialartsacademy.com